

St Thomas of Canterbury Catholic Primary School

a part of

St Francis of Assisi Catholic Academy Trust

PE and Sports Premium Policy

We learn, love, and respect through Jesus.

This Policy should be read in conjunction with other policies.

1. What is the PE and Sports Premium?

1.1 The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The PE and Sport Premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England.

1.2 Schools must use the funding to make additional and sustainable improvements to the quality of their physical education (PE), physical activity and sport.

1.3 Ofsted's Inspection Framework, which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

2. Purpose of funding

2.1 Schools will have to spend the sport funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this. Schools are accountable for their use of the PE and Sport Premium funding allocated to them. Schools are expected to spend the grant for the purpose it was provided only – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the conditions of grant documents.

2.2 The premium should be used to:

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- develop or add to the PE, physical activity and sport that St Thomas of Canterbury Catholic school provides.
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

2.3 Schools should use the premium to secure improvements in 5 key indicators.

2.4 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2.5 The profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

2.6 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

2.7 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs

- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

2.8 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

How will St Thomas's spend their Sports Premium Allocation?

3.1 We aim to:

- Help pupils develop a love of sport and competition
- Ensure that teaching and learning opportunities meet the needs of all pupils within our school
- Ensure that all staff receive professional development in a range of areas to help enhance sport within the curriculum (particularly in dance and gymnastics)
- Develop provision for Physical Development in the Early Years
- Ensure that pupils have access to a range of high-quality coaching in a variety of sports through the use of coaches who can upskill teaching staff
- Provide a good range of extra-curricular sports clubs
- Reduce sedentary behaviour and aim for at least 30 minutes of activity for every child.
- Increase activity in lessons and on the playground.
- Invest in high quality PE equipment
- Develop the sports page on our website
- Ensure that all pupils can swim 25m by the end of KS2

4. St Thomas's has targeted their Government money in the following ways:

- Buying into Hertford and Ware School Sports Partnership to provide a range of competitive experiences.
- CPD for Staff in raising confidence in teaching PE.
- New equipment for PE (updating of resources)
- New playtime equipment and activities.
- Training for play leaders/sports ambassadors
- Employing a specialist PE teacher to work alongside staff.
- Getting the whole school more active with active learning opportunities; BBC Super Movers; playground activities and Forest School
- Introducing the Active Mile and investing in a multi-use games surface to ensure that this can happen all year round.
- Development of Schemes of Work
- Providing extra tuition for children unable to swim 25m-We aim for all pupils to achieve this by the end of Year 5
- Develop provision for Physical Development in the Early Years (eg by introducing balance bikes)

5. Sporting Activities at St Thomas'

5.1 At St Thomas's we offer a large variety of sports and extra curricular activities. We aim to continue offering all of our children the opportunities to take part in a range of sports at inter, intra and county level.

5.2 Our sports include:

- TriGolf
- Hockey
- Multiskills
- Football
- Gymnastics
- Dance
- Netball
- Sportshall Athletics
- Outdoor and adventurous activities
- Speedstacking
- Basketball
- Tag Rugby
- Dodgeball
- Cricket

5.3 All pupils also complete an Active Mile at least once per week and are set personal targets to improve on this across the school year.

5.4 St Thomas' also prides itself on being a forest school which has a number of key benefits including: Health and fitness - Being active in an outdoor, natural environment, Increased emotional wellbeing, Social development - Communicating, and negotiating with peers and adults to solve problems and share experiences, Skills development - Developing fine and gross motor skills and co-ordination, Gaining knowledge and understanding - Multi-sensory, real-life learning, Individualised learning - Careful observation allows adults to tailor support to children's own interests and stage of development.

6. Assessment and Monitoring

6.1 The impact of the Sports Premium will be monitored and analysed by the PE co-ordinator and Senior Leadership Team

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6.2 Online reporting: the school must publish details of how we spend the PE and sport premium funding by the end of the summer term. Online reporting must include: the amount of premium received, a full breakdown of how it has been spent, the impact the school has seen on pupils' PE, physical activity, and sport participation and attainment, how the improvements will be sustainable in the future.

6.3 We are also required to publish the percentage of pupils within your year 6 cohort who met the national curriculum requirement to: swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively, perform safe self-rescue in different water-based situations

6.4 This policy should be reviewed every two years

Please refer to PE and Sport Premium: Conditions of Grant.

This policy was reviewed and adopted by the Local Governing Body at their meeting on 7th May 2024